

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00am							
5:30am	5:00am-7:00am Adult Swim & Lap Swim		5:00am-7:00am Adult Swim & Lap Swim		5:00am-7:00am Adult Swim & Lap Swim		
6:00am						CLUB CLOSED	CLUB CLOSED
6:30am							
7:00am							
7:30am							
8:00am							
8:30am							8:00am-10:00am Adult Swim
9:00am		CLUB CLOSED		CLUB CLOSED		Lap Swim	
9:30am							
10:00am							
10:30am	Lap Swim		Lap Swim		Lap Swim		
11:00am							
11:30am						11:00am-12pm Central Catholic Swim Team	
12:00pm							
12:30pm							
1:00pm						Lap Swim	Lap Swim
1:30pm							
2:00pm							
2:30pm							
3:00pm							
3:30pm							
4:00pm	3:45pm-5:15pm Central Catholic Swim Team	3:45pm-5:15pm Central Catholic Swim Team	3:45pm-5:15pm Central Catholic Swim Team	3:45pm-5:15pm Central Catholic Swim Team	3:45pm-5:15pm Central Catholic Swim Team		
4:30pm							
5:00pm	5:15pm-7:30pm BNSC Swim Team		5:15pm-7:30pm BNSC Swim Team		5:15pm-7:30pm BNSC Swim Team		
5:30pm						5:45pm POOL CLOSED	5:45pm POOL CLOSED
6:00pm							
6:30pm							
7:00pm							
7:30pm							
8:00pm							
8:30pm							
9:00pm	7:45pm POOL CLOSED	CLUB CLOSED	7:45pm POOL CLOSED	CLUB CLOSED	CLUB CLOSED		
9:30pm							
10:00pm							

LOCKER ROOM POLICIES: BOYS, 4 YEARS AND OLDER, ARE NOT PERMITTED IN THE WOMEN'S LOCKER ROOM; GIRLS, 4 YEARS AND OLDER, ARE NOT PERMITTED IN THE MEN'S LOCKER ROOM. FAMILY RESTROOMS ARE LOCATED IN THE HUB HALLWAY.

POOL AGE POLICY: CHILDREN 10 AND UNDER MUST BE WITHIN ARM'S REACH OF AN ADULT (18+). AGES 11-14 REQUIRE ADULT SUPERVISION IN THE POOL AREA. MEMBERS 15 AND OLDER MAY SWIM INDEPENDENTLY BUT MAY BE ASKED TO SHOW PROOF OF AGE. LIFEJACKETS ARE ENCOURAGED FOR ALL MINORS.