

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00am							
5:30am							
6:00am	5:00am-8:40am Adult Swim		5:00am-7:40am Adult Swim		5:00am-8:40am Adult Swim	CLUB CLOSED	CLUB CLOSED
6:30am							
7:00am							
7:30am							
8:00am			8:00am-9:45am Water Fitness			8:00am-8:45am Adult Swim	
8:30am							8:00am-10:00am Adult Swim
9:00am		CLUB CLOSED	9:00am-12:00pm Swim Lessons	CLUB CLOSED	9:00am-10:45am Water Fitness	8:45am-12:00pm Swim Lessons	
9:30am	9:00am-10:45am Water Fitness						
10:00am							
10:30am							
11:00am							
11:30am							
12:00pm							
12:30pm	Family Swim				Family Swim		
1:00pm			Family Swim				
1:30pm							
2:00pm							
2:30pm						Family Swim	Family Swim
3:00pm							
3:30pm							
4:00pm							
4:30pm	3:00pm-7:15pm Swim Lessons	3:00pm-7:15pm Swim Lessons	3:00pm-7:15pm Swim Lessons	3:00pm-7:15pm Swim Lessons	3:00pm-7:15pm Swim Lessons		
5:00pm							
5:30pm							
6:00pm							
6:30pm							
7:00pm							
7:30pm							
8:00pm						5:45pm POOL CLOSED	5:45pm POOL CLOSED
8:30pm							
9:00pm	7:45pm POOL CLOSED	CLUB CLOSED	7:45pm POOL CLOSED	CLUB CLOSED	CLUB CLOSED		
9:30pm							
10:00pm							

LOCKER ROOM POLICIES: BOYS, 4 YEARS AND OLDER, ARE NOT PERMITTED IN THE WOMEN'S LOCKER ROOM; GIRLS, 4 YEARS AND OLDER, ARE NOT PERMITTED IN THE MEN'S LOCKER ROOM. FAMILY RESTROOMS ARE LOCATED IN THE HUB HALLWAY.

POOL AGE POLICY: CHILDREN 10 AND UNDER MUST BE WITHIN ARM'S REACH OF AN ADULT (18+). AGES 11-14 REQUIRE ADULT SUPERVISION IN THE POOL AREA. MEMBERS 15 AND OLDER MAY SWIM INDEPENDENTLY BUT MAY BE ASKED TO SHOW PROOF OF AGE. LIFEJACKETS ARE ENCOURAGED FOR ALL MINORS.