



# Summer 2025 Schedule

**(Effective May 27 2025)**

Water Temp Range 88-89° / 160,000  
gal (#) = Lane Availability

Four Seasons I  
904 Four Seasons Rd, Bloomington, IL 61701

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00	5:00-7:40am <b>Adult Swim</b> (6 lanes available) Diving Board Closed	5:00-7:40am <b>Adult Swim</b> (6 lanes available) Diving Board Closed	5:00-7:40am <b>Adult Swim</b> (6 lanes available) Diving Board Closed	5:00-7:40am <b>Adult Swim</b> (6 lanes available) Diving Board Closed	5:00-7:40am <b>Adult Swim</b> (6 lanes available) Diving Board Closed	5:00-8:00am <b>Adult Swim</b> (6 lanes available) Diving Board Closed	
5:30							
6:00							
6:30							
7:00							
7:30	8:00-10:00am <b>Water Fitness</b>	8:00-9:00am <b>Water Fitness</b>	8:00-9:00am <b>Water Fitness</b>	8:00-10:00am <b>Water Fitness</b>	8:00-10:45am <b>Water Fitness</b>		
8:00							
8:30							
9:00							
9:30							
10:00	Family Swim	8:45am-12:00pm <b>Swim Lessons</b> (POOL CLOSED)	8:45am-12:00 pm <b>Swim Lessons</b> (POOL CLOSED)				
10:30							
11:00							
11:30							
12:00							
12:30	1:00-3:00pm <b>Summer Camp</b>	Family Swim	1:00-3:00pm <b>Summer Camp</b>	10:00-3:00pm <b>Family Swim</b>	10:45-3:00pm <b>Family Swim</b>	10:00-5:45pm <b>Family Swim</b> & Lap Swim	
1:00							
1:30							
2:00							
2:30							
3:00	3:00-7:15pm <b>Swim Lessons</b> (POOL CLOSED)	3:00-7:15pm <b>Swim Lessons</b> (POOL CLOSED)	3:00-7:15pm <b>Swim Lessons</b> (POOL CLOSED)	3:00-7:15pm <b>Swim Lessons</b> (POOL CLOSED)	3:00-7:15pm <b>Swim Lessons</b> (POOL CLOSED)	10:00am-5:45pm <b>Family Swim</b> & Lap Swim	
3:30							
4:00							
4:30							
5:00							
5:30	Pool Closes at 9:45pm	Pool Closes at 9:45pm	Pool Closes at 9:45pm	Pool Closes at 9:45pm	PLEASE NOTE: Due to limited lifeguard staff, Diving Board will be open ONLY when 2 guards are on duty.		
6:00							
6:30							
7:00							
7:30							
8:00	8:00-10:00am <b>Adult Swim</b> (6 lanes available) Diving Board Closed						
8:30							
9:00							
9:30							





For pool & facility  
updates please visit  
[www.4seasons-club.com](http://www.4seasons-club.com)

# SOUTH POOL

## Summer 2025 Schedule

(Effective May 27 2025)

Water Temp Range 84-86° / 160,000 gal  
(#) = Lane Availability

Four Seasons I  
904 Four Seasons Rd, Bloomington, IL 61701

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00	5:00-7:00am Adult Swim & Lap Swim	5:00-7:00am Adult Swim & Lap Swim	5:00-7:00am Adult Swim & Lap Swim	5:00-7:00am Adult Swim & Lap Swim	5:00-7:00am Adult Swim & Lap Swim	5:00-7:00am Adult Swim & Lap Swim	
5:30							
6:00							
6:30							
7:00							
7:30	7:30-10:30am Stingray Swim Team	7:30-10:30am Stingray Swim Team	7:30-10:30am Stingray Swim Team	7:30-10:30am Stingray Swim Team	7:30-10:30am Stingray Swim Team		
8:00							
8:30							8:00-10:00am Adult Swim & Lap Swim
9:00		9:00-10:00am Water Fitness	9:00-10:00am Water Fitness				
9:30							
10:00							
10:30							
11:00							
11:30							Lap Swim
12:00							
12:30							
1:00	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
1:30							
2:00							
2:30							
3:00							
3:30							
4:00							
4:30	4:15-5:45pm BNSC Swim Team	4:15-5:45pm BNSC Swim Team	4:15-5:45pm BNSC Swim Team	4:15-5:45pm BNSC Swim Team	4:15-5:45pm BNSC Swim Team		
5:00							
5:30						Pool Closes at 5:45pm	Pool Closes at 5:45pm
6:00	6:00-7:00pm Stingray Swim Team	6:00-7:00pm Stingray Swim Team	6:00-7:00pm Stingray Swim Team	6:00-7:00pm Stingray Swim Team		PLEASE NOTE: Lifeguard staff may be limited.	
6:30							
7:00							
7:30						Lifeguard Hours Monday-Friday: 4:00-8:00pm (NO guards on duty M-F 5:00am-4:00pm) Saturday-Sunday: 10:00am-6:00pm PLEASE NOTE: Due to limited lifeguard staff, Diving Board will be open ONLY when 2 guards are on duty	
8:00							
8:30							
9:00	Pool Closes at 9:45pm	Pool Closes at 9:45pm	Pool Closes at 9:45pm	Pool Closes at 9:45pm			
9:30							

# SOUTH POOL

**WEATHER POLICY:** If lightning is sighted, all 3 pools and hot tub are cleared. Pools will reopen 30 minutes after the lightning has ceased. Please understand this is for your safety.

**LOCKER ROOM POLICIES:** Boys, 4 years and older, are not permitted in the women's locker room; and girls, 4 years and older, are not permitted in the men's locker room. Family restrooms are located in the cardio room hallway.

**AGE POLICIES:** Members 10 & under: Supervision is required by an adult in the water or pool side within an arm's reach. Direct supervision is permitted with the use of a lifejacket. Members 11-15 years: May be asked to provide proof of age to swim unsupervised when lifeguards are on duty. Direct supervision is required by an adult when lifeguards are not on duty.

## DEFINITIONS:

- n Adult Swim: As with all areas of Four Seasons I, the pool is adults only (16 yrs+) until 10:00am unless the child is in a scheduled program.
- n Lap Swim: Lap lanes are designated areas for members to swim back and forth in an orderly fashion. One length of the pool is 25 yards. When crowded, swimmers are expected to share lanes and swim in a circle pattern.
- n Swim Team are Four Seasons or partner programs only. We ask that members are courteous to the participants and instructors when practices are in session.
- n Water Fitness is a group fitness class and requires a ticket to participate in class. Pick up a ticket at the front desk. Equipment is provided (if needed).