



# **Summer Day Camp Parent Packet**

*Updated 04/09/25*

Welcome to the Four Seasons Health Club Summer Day Camp. Our staff is ready for a fun and exciting summer with your children. Please read this packet carefully as you will find important information in it. Our goal is to provide a fun and safe camp experience while creating great memories for your child. Summer Day Camp is offered to Four Seasons Members and Non-Members. Member & Non-Members will need to come into FSI to register, non-members will need to pay the activation fee. Priority Registration for past campers begins Monday, March 31<sup>st</sup> - April 13<sup>th</sup> at FSI only. Open registration will begin April 14<sup>th</sup> at 8am until filled.

In this packet you will find detailed information about our Summer Day Camp.

## **1. STAFF**

Family & Facility Services Manager, Cara Meade, 309-663-2022 ext. 123

The camp staff are mature college and high school students. We maintain a camper to staff ratio of 10:1, with an additional counselor to assist. Staff have been given a background check, completed training in CPR, first aid, and AED.

We will also have Junior Counselors in training. These Junior Counselors will help with everyday operations.

## **2. SUMMER 2025 SCHEDULE**

Summer Camp will run daily Monday-Friday 7:00 AM until 6:00 PM. The first day of camp is Monday, June 2nd with the last day being Friday, August 8<sup>th</sup>.

## **3. LOCATION**

Four Seasons I on 904 Four Seasons Road in Bloomington, IL 61701

Age Groups: Grades K-6.

## **CAMP FEES**

Full 10-Weeks	\$180/week/camper/
Weekly Rate	\$210/week/camper
10-day package	\$310/Can purchase multiple packages

*\*Non-members must pay a \$90 activation fee/camper.*

## **4. TYPICAL DAILY SCHEDULE**

Morning free time begins at 7:00 AM until approximately 9:00 AM. From 9:00 AM – 3:30 PM, time is spent at Four Seasons I, including lunch time. Children will have the opportunity to participate in a variety of organized activities in small groups or as a camp.

A schedule will be available every Friday afternoon outlining each day's activities for the upcoming week. Schedules will be emailed out Friday afternoon.

## **5. FIELD TRIPS**

Campers will participate in field trips. Make sure to check the weekly schedule for each field trip time. In some cases, morning and afternoon free time may be adjusted to accommodate travel time. Campers must arrive at least 30 minutes before the departure time to participate in the field trip.

## 6. DROP OFF AND PICK-UP PROCEDURES

Each day your child should be dropped off at Four Seasons I between the hours of 7:00 AM and 8:45 AM. Upon arrival, your child will check in at the front desk and will immediately go to the gym, unless told otherwise. **You must always check-in at the front desk, even if joining camp later in the day.** Your child may be picked up from the gym between the hours of 4:00 and 6:00 PM, unless other arrangements have been confirmed with Day Camp staff. Only those adults listed will be allowed to pick up your camper. You must come inside the gym to sign-out the children, unless told otherwise.

If you need to pick-up or drop-off your child at another time, please see the schedule for our location and communicate with a staff member. Informing the staff ahead of time is helpful so they can have your child prepared. *\*Please refrain from parking by the front doors when dropping off and picking up your child.*

## 7. LATE PICK-UP POLICY

The Day Camp staff will supervise children who are left beyond the scheduled pick-up time (6:00 PM) until a parent or authorized adult arrives. However, late pick-ups will result in a fee. Payment of the late fee (\$20) will be charged to the card on file. If you have any questions, please call Cara Meade at 309-663-2022 ext. 123 or email at [cmeade@4seasons-club.com](mailto:cmeade@4seasons-club.com).

*\*If a child is left consistently (3 times) after 6pm, the child/children will be terminated from the program. If a participant is left more than 30 minutes after the end of camp and we are unable to reach a parent or other pick-up person, the police department will be contacted.*

## 8. UNAUTHORIZED DEPARTURE

In the event that a camper leaves or runs away from the Day Camp program without authorization, the following steps will be taken.

1. Day Camp staff will encourage the child to return voluntarily.
2. The Police will be called to locate the child because Day Camp staff are not permitted to leave the grounds when children are present.
3. The parent/guardian will be contacted. If they are not available, the emergency contact will be called.
4. Camper may be subject to discipline action for reoccurring unauthorized departures.

## 9. FOOD

Please have your child eat breakfast *prior to arriving at camp*. Campers are required to bring a labeled water bottle and labeled lunch daily. The Day Camp staff will provide an afternoon snack. Please note, **Four Seasons is a peanut free environment** so please refrain from packing

foods that contain peanuts. Also, please pack a morning snack if your child will need it. Four Seasons has vending machines and some field trip locations offer concessions, so you may send your child with money if you wish. You may also put a card on file with the front desk for them to purchase snacks. *The Day Camp staff is not responsible for any money!*

## **10. ATTIRE**

Due to the active nature of day camp, all participants are required to wear tennis shoes daily. Flip flops may be packed for swim and water days. Slip-on tennis shoes, backless tennis shoes or those with zippers rather than shoelaces do not provide adequate ankle support and participants are not encouraged to wear them to camp. Dress should be appropriate for play and active/outdoor activities. Please do not send your child in brand new clothes. Skirts and dresses are also discouraged. Be aware of daily weather conditions and send your child appropriately dressed. Please pack swim wear every day in case we play water games.

## **11. PERSONAL PROPERTY**

Please note that the Day Camp staff is not responsible for camper's property while at camp, so items such as money, gaming cards, electronics, etc., are brought at your own risk.

## **12. DISCIPLINE PROCEDURES**

Campers are expected to treat everyone with respect. Disruptive behavior, physical confrontation, theft, vandalism, and verbal abuse will not be tolerated.

1. Verbal warning from staff.
2. Time-out (various length) enforced by staff.
3. Staff will speak to program supervisor and supervisor will meet with participant.
4. Staff or program supervisor will speak to participant's parents or participant may be written up (3 maximum).
5. After 3 behavior reports, supervisor will contact parents to let them know participant will not return to program and no refunds will be given.

Physical aggression/inappropriate touching towards staff or other participants will not be tolerated at camp and the camper will be suspended and possibly removed from camp depending on circumstances!

## **13. CONCERNS**

Any trouble or changes your child has at home may affect behavior during camp. Please keep the staff informed of any unusual circumstances so we can be sensitive to your child's needs. If necessary, feel free to discuss issues privately with a staff member away from your child, staff or others in the program.

## **14. COMMUNICATION**

If you have any concerns regarding the program and/or your child, please speak to the Family & Facility Services Manager, Cara Meade. Any questions concerning fees can also be directed to Cara Meade.

## **15. ILLNESS**

Any child who shows signs of illness will not be allowed to attend camp. Children will not be admitted if they display any of the following symptoms:

1. Temperature of 100 degrees Fahrenheit or higher
2. Vomiting
3. Diarrhea
4. Redness in whites of eyes, or discharge from eyes
5. An unexplained rash
6. Signs of bodily pests, such as lice
7. Unusual discomfort/irritability/exhaustion
8. Discharge of mucus from nose that is not clear in color
9. A persistent or phlegm-resonating cough

If a child becomes ill while at Camp, a parent will be notified, and must remove his/her child from Camp. The child must be symptom free for 24 hours from the onset of symptoms before his/her return.

If your child contracts a contagious illness (Strep, Chickenpox, etc.), and has recently been present at Camp, please alert the Camp counselors or the Manager immediately.

## **16. PROGRAM PLAN CHANGES**

In the event that a change must be made to the weekly schedule, Day Camp staff will notify parents as soon as possible via Brightwheel.

In the case of inclement weather on field trip days, parents will be notified of changes as soon as possible.

## **17. EQUAL ACCESS**

No eligible participant shall, on the bases of race, sex, creed, national origin, or disability be denied equal access to programs, activities, services or benefits or be limited in the exercise of any right, privilege, advantage or opportunity.

Upon registration or entry into the program, the parent/guardian will be required to inform Day Camp staff of any special accommodations needed.

## **18. COVID**

COVID policies will be communicated prior to the start of camp as updates become available.

## **19. GENERAL INFORMATION**

1. Bring a lunch every day to camp unless specified otherwise in the weekly schedule.
2. Weekly schedule for the following week will be emailed Fridays.
3. Bring a swimsuit and towel every day as well as extra clothes.
4. Do not send valuable or special toys to Camp with your child.

5. Label everything that your child brings. We recommend you send your child with a backpack to carry their belongings.
6. Communicate with a counselor or Recreation Manager if your camper will not be following the regular camp schedule.
7. Dress should be appropriate to be around paint, markers, etc., and to play inside/outside.
8. Please have your child wear lace-up tennis shoes!
9. As a reminder, lunch will begin at 11:30 AM every day. Please be sure your child eats breakfast before coming to camp.