## NORTH POOL Winter 2023

**Schedule** 

(Effective Dec 2023)

Water Temp Range 88-89° / 160,000 gal (#) = Lane Availability

Four Seasons I 904 Four Seasons Rd, Bloomington, IL 61701

	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday	Sunday	
5:00									
5:30	5:00-7:40am <b>Adult Swim</b>	5:00-7:40am Adult Swim	5:00-7:40am <b>Adult Swim</b>	5:00-7:40am Adult Swim	5:00-7:40am <b>Adult Swim</b>		5:00-8:00am <b>Adult Swim</b>		
6:00	Addit Swilli	Addit Swiiii	Addit Swiiii	Addit Swiiii	Addit Swilli		Addit Owin		
6:30									
7:00									
7:30									
8:00									
8:30	8:00-10:00am	8:00-10:00am	0.00 40.00		8:00-10:45am			8:00-10:00am	
9:00	Water Fitness	Water Fitness	8:00-10:00am Water Fitness	8:00-10:00am Water Fitness	Water Fitness			Adult Swim	
9:30								_	
10:00									
			9:45am-12:30 pm				8:45am-12:00pm		
10:30			Swim Lessons (POOL CLOSED)				Swim Lessons (POOL CLOSED)		
11:00			(. 552 52522)						
11:30	=	_		_					
12:00	Family Swim	Family Swim		Family Swim	Family Swim				
12:30		_						Family Swim	
1:00									
1:30			Family Swim				Family Swim		
2:00									
2:30		_							
3:00									
3:30									
4:00									
4:30	3:00-7:15pm Swim Lessons	3:00-7:15pm	3:00-7:15pm	3:00-7:15pm	3:00-7:15pm				
5:00	(POOL CLOSED)	Swim Lessons (POOL CLOSED)	Swim Lessons	Swim Lessons (POOL CLOSED)	Swim Lessons (POOL CLOSED)		Pool Closes at 5:45pm	Pool Closes at 5:45pm	
5:30	(, , , , , , , , , , , , , , , , , , ,	(FOOL CLOSED)	(POOL CLOSED)	(FOOL CLOSED)			at 5.45pm	at 5.45pm	
6:00								Rentals	
6:30								:00-6:30pm-NO POOL 30am-2:00pm &	
7:00							2:30-	5:00pm 30am-2:00pm &	
7:30					Pool Closes at 7:45pm			5:00pm	
8:00									
8:30					N	1on	Lifeguard Hours nday-Friday: 4:00-8:00pm		
9:00					(NO gu	(NO guards on duty M-F 5:00am-4:00pm) Saturday-Sunday: 10:00am-6:00pm			
9:30	Pool Closes	Pool Closes	Pool Closes	Pool Closes	PLEASE NOTE: Due to limited lifeguard staff, Diving Board				
9.30	at 9:45pm	at 9:45pm	at 9:45pm	at 9:45pm	will be ope	n C	NLY when 2 guards	s are on duty.	

# For pool & facility updates please visit www.4seasons-club.com

## **SOUTH POOL**

Winter 2023 Schedule

(Effective Dec 2023)

Water Temp Range 84-86° / 160,000 gal (#) = Lane Availability

Four Seasons I 904 Four Seasons Rd, Bloomington, IL 61701

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:00						5:00-6:30am			
5:30						Adult Swim			
6:00	5:00-7:00am Adult Swim	5:00-7:00am <b>Adult Swim</b>	5:00-7:00am <b>Adult Swim</b>	5:00-7:00am Adult Swim	5:00-7:00am <b>Adult Swim</b>	& Lap Swim			
6:30	& Lap Swim	& Lap Swim	& Lap Swim	& Lap Swim	& Lap Swim				
7:00		-	_	_		6:30-9:45am			
7:30	_	-	_	_		Stingray Swim			
8:00				_		Team			
8:30							8:00-10:00am <b>Adult Swim</b>		
9:00				_			& Lap Swim		
9:30									
10:00									
10:30									
11:00				_					
11:30				-			Lap Swim		
12:00	-	-	_	_	_	_			
12:30		-		_					
1:00	10				Law Ousins				
1:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	_		
2:00	-	-	_	_					
		_	_	_					
2:30			_						
3:00									
3:30									
4:00									
4:30				_					
5:00		5:00-8:00pm				_			
		Stingray Swim		5:00-8:00pm	5:00-8:00pm Stingray Swim		Pool Closes		
5:30	5:15-6:00pm Water Fitness: Aquabata and SET	Team	5:15-6:00pm Water Fitness: Aquabata and SET	Stingray Swim Team	Team	Pool Closes at 5:45pm	at 5:45pm		
6:00	5:00-8:00pm Stingray Swim Team	6:00-7:00pm Water Fitness:	5:00-8:00pm Stingray Swim Team	6:00-7:00pm Water Fitness:		DI FA	SE NOTE:		
6:30	Swill Team	Aqua Fusion	Swill Tedili	Aqua Fusion			ff may be limited.		
7:00									
7:30									
8:00									
						<b>Lifeguard Hours</b> Monday-Friday: 4:00-8:00pm			
8:30					(NO gu	ards on duty M-F 5:00a	m-4:00pm)		
9:00	Pool Closes at 9:45pm	Pool Closes at 9:45pm	Pool Closes at 9:45pm	Pool Closes at 9:45pm	PLEASE NOTE: D	rday-Sunday: 10:00am-6:00pm Due to limited lifeguard staff, Diving Board			
9:30	и оттории	ас о. торіп	и оттории	ut o. topin	will be ope	n ONLY when 2 guard	s are on duty		

### SOUTH POOL

WEATHER POLICY: If lightning is sighted, all 3 pools and hot tub are cleared. Pools will reopen 30 minutes after the lightning has ceased. Please understand this is for your safety.

LOCKER ROOM POLICIES: Boys, 4 years and older, are not permitted in the women's locker room; and girls, 4 years and older, are not permitted in the men's locker room. Family restrooms are located in the cardio room hallway.

AGE POLICIES: Members 10 & under: Supervision is required by an adult in the water or pool side within an arm's reach. Direct supervision is permitted with the use of a lifejacket. Members 11-15 years: May be asked to provide proof of age to swim unsupervised when lifeguards are on duty. Direct supervision is required by an adult when lifeguards on not on duty.

#### **DEFINITIONS:**

- n Adult Swim: As with all areas of Four Seasons I, the pool is adults only (16 yrs+) until 10:00am unless the child is in a scheduled program.
- Lap Swim: Lap lanes are designated areas for members to swim back and forth in an orderly fashion. One length of the pool is 25 yards. When crowded, swimmers are expected to share lanes and swim in a circle pattern.
- Swim Team are Four Seasons or partner programs only. We ask that members are courteous to the participants and instructors when practices are in session.
- Nature Fitness is a group fitness class and requires a ticket to participate in class. Pick up a ticket at the front desk. Equipment is provided (if needed).