



For pool & facility updates  
please visit  
[www.4seasons-club.com](http://www.4seasons-club.com)

# NORTHPOL

## Spring 2022 Schedule

(Effective May 1st 2022)

Water Temp Range 84-86° / 160,000 gal  
(#) = Lane Availability

Four Seasons I  
904 Four Seasons Rd, Bloomington, IL 61701

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00	5:00-7:45am <b>Adult Swim</b> (6 lanes available) Diving Board Closed	5:00-7:45am <b>Adult Swim</b> (6 lanes available) Diving Board Closed	5:00-7:45am <b>Adult Swim</b> (6 lanes available) Diving Board Closed	5:00-7:45am <b>Adult Swim</b> (6 lanes available) Diving Board Closed	5:00-7:45am <b>Adult Swim</b> (6 lanes available) Diving Board Closed	5:00-8:00am <b>Adult Swim</b> (6 lanes available) Diving Board Closed	
5:30							
6:00							
6:30							
7:00							
7:30							
8:00	8:15-10:00am <b>Water Fitness: Ultimate H2O</b> (1 lane available)	8:15-10:00am <b>Water Fitness: Ultimate H2O</b> (1 lane available)	8:15-10:00am <b>Water Fitness: Ultimate H2O</b> (1 lane available)	8:15-10:00am <b>Water Fitness: Ultimate H2O</b> (1 lane available)	8:15-10:00am <b>Water Fitness: Ultimate H2O</b> (1 lane available)		
8:30							
9:00							8:00-10:00am <b>Adult Swim</b> (6 lanes available) Diving Board Closed
9:30							
10:00	10:00-3:30pm <b>Family Swim &amp; Lap Swim</b>	10:00-3:30pm <b>Family Swim &amp; Lap Swim</b>	10:00-3:30pm <b>Family Swim &amp; Lap Swim</b>	10:00-3:30pm <b>Family Swim &amp; Lap Swim</b>			
10:30							
11:00							
11:30							
12:00							
12:30							
1:00							
1:30							
2:00							
2:30							
3:00							
3:30	3:30-7:50pm <b>Swim Lessons</b>	3:30-7:50pm <b>Swim Lessons</b>	3:30-7:50pm <b>Swim Lessons</b>	3:30-7:15pm <b>Swim Lessons</b>	3:30-7:15pm <b>Swim Lessons</b>		
4:00							
4:30							
5:00							
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							
9:30							

**Party Rentals**  
Friday: 4:00-6:30pm  
Saturday: 11:30am-2:00pm &  
2:30-5:00pm  
Sunday: 11:30am-2:00pm &  
2:30-5:00pm

**Lifeguard Hours**  
Monday-Friday: 4:00-8:00pm  
(NO guards on duty M-F 5:00am-4:00pm)  
Saturday-Sunday: 10:00am-6:00pm

**PLEASE NOTE: Due to limited lifeguard staff, Diving Board will be open ONLY when 2 guards are on duty.**

# NORTH POOL

**WEATHER POLICY:** If lightning is sighted, all 3 pools and hot tub are cleared. Pools will reopen 30 minutes after the lightning has ceased. Please understand this is for your safety.

**LOCKER ROOM POLICIES:** Boys, 4 years and older, are not permitted in the women's locker room; and girls, 4 years and older, are not permitted in the men's locker room. Family restrooms are located in the cardio room hallway.

**AGE POLICIES:** Members 10 & under: Supervision is required by an adult in the water or pool side within an arm's reach. Direct supervision is permitted with the use of a lifejacket.  
Members 11-15 years: May be asked to provide proof of age to swim unsupervised when lifeguards are on duty. Direct supervision is required by an adult when lifeguards are not on duty.

## DEFINITIONS:

- n Adult Swim: As with all areas of Four Seasons I, the pool is adults only (16 yrs+) until 10:00am unless the child is in a scheduled program.
- n Lap Swim: Lap lanes are designated areas for members to swim back and forth in an orderly fashion. One length of the pool is 25 yards. When crowded, swimmers are expected to share lanes and swim in a circle pattern.
- n Swim Team are Four Seasons or partner programs only. We ask that members are courteous to the participants and instructors when practices are in session.
- n Water Fitness is a group fitness class and requires a ticket to participate in class. Pick up a ticket at the front desk. Equipment is provided (if needed).



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# SOUTH POOL

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5:30							
6:00							
6:30							
7:00							
7:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	10:00am-5:45pm Lap Swim	
8:00							
8:30							
9:00							
9:30							
10:00							
10:30							
11:00							
11:30							
12:00							
12:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	10:00am-5:45pm Lap Swim	
1:00							
1:30							
2:00							
2:30							
3:00							
3:30							
4:00							
4:30							
5:00							
5:30	5:15-6pm Water Fitness: Aquabata and SET (2 lanes in use)		5:15-6pm Water Fitness: Aquabata and SET (2 lanes in use)			Pool Closes at 5:45pm	
6:00	5:00-7:30pm	5:30-6:45pm CI Masters Swim Team	5:00-7:30pm	5:30-6:45pm CI Masters Swim Team	Pool Closes at 7:45pm	PLEASE NOTE: Lifeguard staff may be limited.	
6:30							
7:00	Polar Bear Swim Team	7:00-8:00 PM Tri-Valley Special Olympics Swim Team (3 lanes in use)	Polar Bear Swim Team	(4 lanes in use)	Pool Closes at 7:45pm	PLEASE NOTE: Lifeguard staff may be limited.	
7:30							
8:00	Pool Closes at 9:45pm	Pool Closes at 9:45pm	Pool Closes at 9:45pm	Pool Closes at 9:45pm	Lifeguard Hours Monday-Friday: 4:00-8:00pm (NO guards on duty M-F 5:00am-4:00pm) Saturday-Sunday: 10:00am-6:00pm PLEASE NOTE: Due to limited lifeguard staff, Diving Board will be open ONLY when 2 guards are on duty		
8:30							
9:00							
9:30							

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