

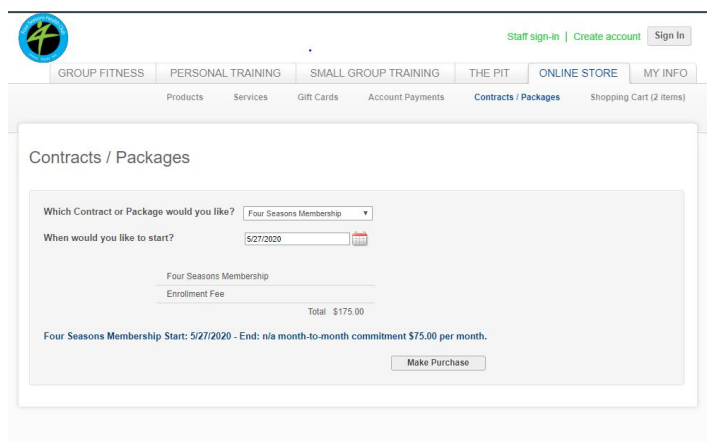
Registering in MindBody and Reserving a Spot in Classes

To meet the guidelines of Phase 3 for Covid-19, Four Seasons is utilizing MindBody to provide a convenient way for members to sign-up for group fitness classes ahead of time to ensure we are able to maintain the required limit of 10 individuals per class (9 participants and 1 instructor).

Follow the steps below to reserve your spot in group fitness classes. Please note that even though these steps show you are registering for a membership it is only to give you access to our MindBody system and confirm you are an active member. The promo code will wipe out any charge and allow you to proceed booking a spot for classes. Once registered in Mind Body you will not have to do so again.

Step 1: Click here to access MindBody

<https://clients.mindbodyonline.com/classic/ws?studioid=259144&styp=40&prodId=104>



Staff sign-in | Create account | Sign In

GROUP FITNESS PERSONAL TRAINING SMALL GROUP TRAINING THE PIT ONLINE STORE MY INFO

Products Services Gift Cards Account Payments Contracts / Packages Shopping Cart (2 Items)

Contracts / Packages

Which Contract or Package would you like? Four Seasons Membership

When would you like to start? 5/27/2020

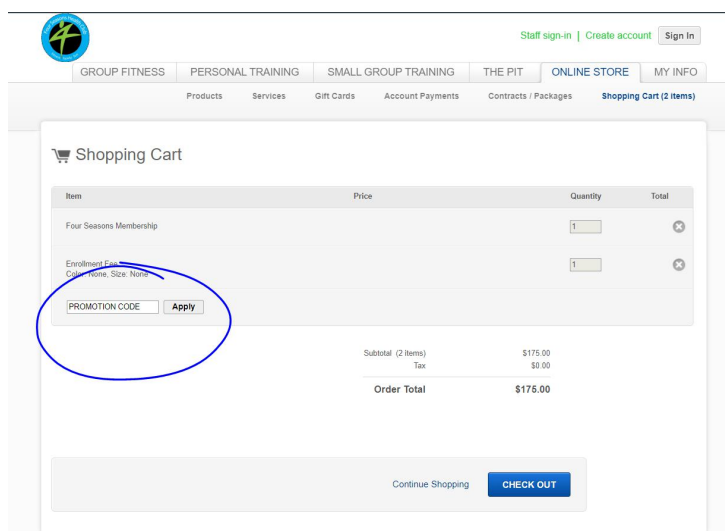
Four Seasons Membership
Enrollment Fee
Total \$175.00

Four Seasons Membership Start: 5/27/2020 - End: n/a month-to-month commitment \$75.00 per month.

Make Purchase

Step 2: Click Purchase

You will not be charged and are not buying a new membership. This is only to active you as a member in MindBody .



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GROUP FITNESS PERSONAL TRAINING SMALL GROUP TRAINING THE PIT ONLINE STORE MY INFO

Products Services Gift Cards Account Payments Contracts / Packages Shopping Cart (2 Items)

Shopping Cart

Item	Price	Quantity	Total
Four Seasons Membership		1	
Enrollment Fee		1	

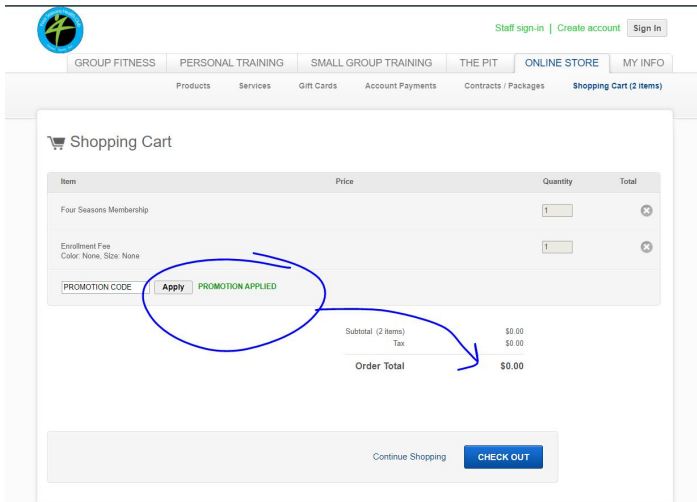
PROMOTION CODE Apply

Subtotal (2 Items) \$175.00
Tax \$0.00
Order Total \$175.00

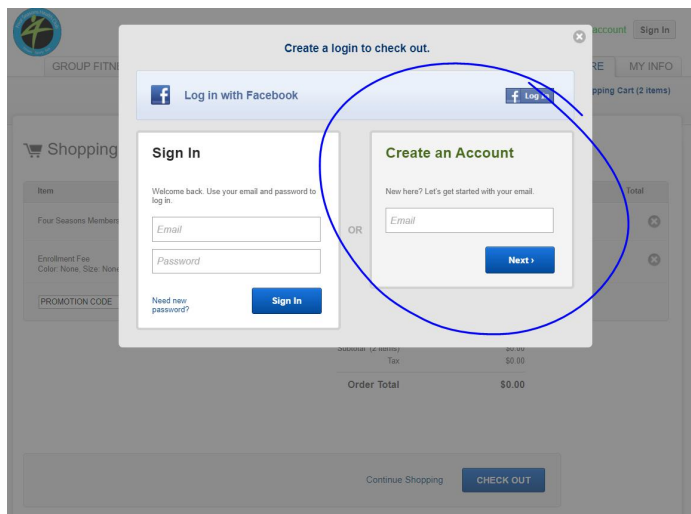
Continue Shopping CHECK OUT

Step 3: Enter Promo Code: FSMCVD19001

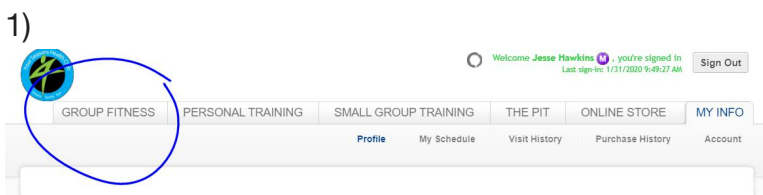
This will wipe out any charges to a zero balance and allow you full access as a member to book classes. Do not share this promo code with anyone. It can be used for same household but this is to preserve the integrity of those paying members that should be the only ones allowed to take advantage of this offering.



Step 4: Create an Account



Step 5: Book your spot in a class



2)

Class Schedule

Start time	Classes	Instructor	Duration
5:15 am	Insanity-Virtual	David Vale	1 hour
6:15 am	WERQ-Virtual	Laura Ewan	45 minutes
6:30 am	Spin Hour of Power	Staci Yehl	1 hour
7:45 am	Strong 4 Life	David Vale	1 hour
8:00 am	HIIT	Nicole Spencer	30 minutes
8:00 am	Power Yoga-Virtual	Pam Morbitzer	1 hour
9:00 am	HIIT-Virtual	Staci Yehl	1 hour
9:00 am	Spin Hour of Power	Gwen Talaski	1 hour
9:00 am	Strong 4 Life-Virtual	Kim Hillard	1 hour
10:00 am	Muscle Mix	Jennifer Ince	45 minutes
11:00 am	Muscle Mix-Virtual	Kate Potts	1 hour
11:00 am	Zumba	Jessica Hunt	1 hour

3)

Make a Reservation

Make reservation for Myself Someone Else

Spin Hour of Power

Instructor: Staci Yehl
Time: 6:30 am - 7:30 am
Date: Monday 6/1/2020
Available pricing option: Four Seasons Membership Expiration Date: 6/27/2020

Recurring Options

Make this reservation every 1 Week(s)

Select Days: Mon

Start date: Monday 6/1/2020
End date: Monday 6/1/2020

Total # Reservations: 0

4)

My Schedule

You've Booked: Spin Hour of Power on 6/1/2020 at 6:30 am

Day	Time	Share	Class	Instructor	Web	Reschedule	Cancel
Next week at Four Seasons Health Club							
Mon 6/1/2020	6:30 am	<input checked="" type="checkbox"/>	Spin Hour of Power	Staci Yehl	Yes		Cancel

Cancellation Policy

Four Seasons Sandrine Frazee Poliv

For more details regarding MindBody or class offerings [please click here to review our Member Instructions for MindBody.](#)

If you have any questions please feel free to contact our Fitness Center Manager, Jessica Schauls via email jessica@4seasons-club.com