

NORTH POOL

Winter 2020 Schedule

(effective January 13, 2020)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00							
5:30	5:00-7:45 Adult Swim (6 lanes available) Diving Board Closed	5:00-7:45 Adult Swim (6 lanes available) Diving Board Closed	5:00-7:45 Adult Swim (6 lanes available) Diving Board Closed	5:00-7:45 Adult Swim (6 lanes available) Diving Board Closed	5:00-7:45 Adult Swim (6 lanes available) Diving Board Closed	5:00-8:15 Adult Swim (6 lanes available) Diving Board Closed	
6:00							
6:30							
7:00							
7:30							
8:00	7:45-10:00 Water Fitness Limited Lap Swim (1 lane available) Diving Board Closed	7:45-10:00 Water Fitness Limited Lap Swim (2 lanes available) Diving Board Closed	7:45-10:00 Water Fitness Limited Lap Swim (1 lane available) Diving Board Closed	7:45-10:00 Water Fitness Limited Lap Swim (2 lanes available) Diving Board Closed	7:45-10:00 Water Fitness Limited Lap Swim (1 lane available) Diving Board Closed	8:15-10:00 Water Fitness Limited Lap Swim	8:00-10:00 Adult Swim (6 lanes available) Diving Board Closed
8:30						8:30-10:30 Swim Lessons Diving Board Closed (1 lane available)	
9:00							
9:30							
10:00	<i>Adults only before 10AM Monday-Friday (with the exception of supervised children's programs)</i>						
10:30	<i>No lifeguards from 12-4 pm Monday-Friday</i>						
11:00	10:00-12:15 Swim Lessons Diving Board Open (2 lanes available)	10:00-12:15 Swim Lessons Diving Board Open (2 lanes available)	10:00-12:15 Swim Lessons Diving Board Open (2 lanes available)	10:00-12:15 Swim Lessons Diving Board Open (2 lanes available)	10:00-12:00 Family Swim Diving Board Open (2 lanes available)		10:00-3:00 Family Swim Diving Board Open (2 lanes available)
11:30							
12:00	<i>No lifeguards from 12-4 pm Monday-Friday</i>						
12:30	<i>No lifeguards from 12-4 pm Monday-Friday</i>						
1:00							
1:30	12:15-4:30 Lap Swim (3 lanes available) Diving Board Closed	12:15-4:30 Lap Swim (3 lanes available) Diving Board Closed	12:15-4:30 Lap Swim (3 lanes available) Diving Board Closed	12:15-4:30 Lap Swim (3 lanes available) Diving Board Closed	12:15-4:30 Lap Swim (3 lanes available) Diving Board Closed		
2:00							
2:30							
3:00							
3:30						3:00-7:45 Open Swim (2 lanes available) Diving Board Open	3:00-5:45 Open Swim (2 lanes available) Diving Board Open
4:00							
4:30	4:30-7:30 Swim Lessons Diving Board Open (1 lane available)	4:30-7:30 Swim Lessons Diving Board Open (1 lane available)	4:30-7:30 Swim Lessons Diving Board Open (1 lane available)	4:30-7:30 Swim Lessons Diving Board Open (1 lane available)	4:30-7:45 Family Swim (2 lanes available) Diving Board Open		Pool Closes at 5:45
5:00							
5:30							
6:00							
6:30							
7:00					Pool Closes at 7:45	Pool Closes at 7:45	
7:30							
8:00	7:30-9:45 Late Night Swim (3 lanes available) Diving Board Closed	7:30-9:45 Late Night Swim (3 lanes available) Diving Board Closed	7:30-9:45 Late Night Swim (3 lanes available) Diving Board Closed	7:30-9:45 Late Night Swim (3 lanes available) Diving Board Closed	Lifeguard Hours Monday - Thursday: 8am-12pm & 4-8pm Friday - Saturday: 5am-8pm Sunday: 8am-6pm		
8:30					No lifeguards from 12-4 pm Please check with the front desk on days off of school for lifeguard hours.		
9:00					No lifeguards from 12-4 pm Please check with the front desk on days off of school for lifeguard hours.		
9:30	Pool Closes at 9:45	Pool Closes at 9:45	Pool Closes at 9:45	Pool Closes at 9:45	No lifeguards from 12-4 pm Please check with the front desk on days off of school for lifeguard hours.		

WEATHER POLICY: If lightning is sighted, all 3 pools and hot tub are cleared. Pools will reopen 30 minutes after the lightning has ceased. Please understand this is for your safety.

LOCKER ROOM POLICIES: Boys, 4 years and older, are not permitted in the women's locker room; and girls, 4 years and older, are not permitted in the men's locker room. Family restrooms are located in the cardio room hallway.

AGE POLICIES: Members 10 & under: Supervision is required by an adult in the water or pool side within an arm's reach. Direct supervision is permitted with the use of a lifejacket. Members 11-15 years: May be asked to provide proof of age to swim unsupervised when lifeguards are on duty. Direct supervision is required by an adult when lifeguards are not on duty.

DEFINITIONS:

- **Adult Swim:** As with all areas of Four Seasons I, the pool is adults only (16 yrs+) until 10:00am unless the child is in a scheduled program.
- **Lap Swim:** Lap lanes are designated areas for members to swim back and forth in an orderly fashion. One length of the pool is 25 yards. When crowded, swimmers are expected to share lanes and swim in a circle pattern.
- **Swim Team** are Four Seasons programs only. We ask that members are courteous to the participants and instructors when practices are in session.
- **Water Fitness** is a group fitness class and requires a ticket to participate in class. Pick up a ticket at the front desk. Equipment is provided (if needed).



For pool & facility updates please visit www.4seasons-club.com

SOUTH POOL

Winter 2020 Schedule

(effective January 13, 2020)

Water Temp: 81•-83• / 114,000 gal
 (#) = Lane Availability
 Four Seasons I
 904 Four Seasons Rd
 Bloomington, IL 61701

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00							
5:30							
6:00							
6:30							
7:00							
7:30	5:00-10:00 Adult Swim & Lap Swim (6 lanes available)	5:00-10:00 Adult Swim & Lap Swim (6 lanes available)	5:00-10:00 Adult Swim & Lap Swim (6 lanes available)	5:00-10:00 Adult Swim & Lap Swim (6 lanes available)	5:00-10:00 Adult Swim & Lap Swim (6 lanes available)	5:00-10:00 Adult Swim & Lap Swim (6 lanes available)	
8:00							8:00-10:00 Adult Swim & Lap Swim (6 lanes available)
8:30							
9:00							
9:30							
10:00							
10:30							
11:00							
11:30							
12:00							
12:30	10:00-5:00 Lap Swim (6 lanes available)	10:00-9:45 Lap Swim (6 lanes available)	10:00-5:00 Lap Swim (6 lanes available)	10:00-5:30 Lap Swim (6 lanes available)	10:00-7:45 Lap Swim (6 lanes available)	10:00-7:45 Lap Swim (4 lanes available)	10:00-5:45 Lap Swim (4 lanes available)
1:00							
1:30							
2:00							
2:30							
3:00							
3:30	Central Catholic Swim Team Practice (daily practice schedule varies - check front desk for weekly details) 3:10-4:40pm • November 25 - February 27 (2 lanes available)						
4:00							
4:30							
5:00	5:15-6:00 Water Fitness (1 lane available)	5:00-6:00 TVSO Swim Team (3 lanes available)	5:15-6:15 Water Fitness (1 lane available)				Pool Closes at 5:45
5:30							
6:00	5:45-6:15 Swim Team (2 lanes available)			5:45-6:15 Swim Team (2 lanes available)			
6:30							
7:00	6:15-8:15 Swim Team (No lanes available)			6:15-8:15 Swim Team (No lanes available)			
7:30						Pool Closes at 7:45	Pool Closes at 7:45
8:00			6:15-9:45 Lap Swim (6 lanes available)				
8:30	8:15-9:45 Lap Swim (6 lanes available)			8:15-9:45 Lap Swim (6 lanes available)			
9:00							
9:30							

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