

NORTH POOL

Summer 2017 Schedule

(effective August 17th, 2017)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00								
5:30	5:00-7:45 Adult Swim (6 lanes available) Diving Board Closed	5:00-7:45 Adult Swim (6 lanes available) Diving Board Closed	5:00-7:45 Adult Swim (6 lanes available) Diving Board Closed	5:00-7:45 Adult Swim (6 lanes available) Diving Board Closed	5:00-7:45 Adult Swim (6 lanes available) Diving Board Closed	5:00-7:45 Adult Swim (6 lanes available) Diving Board Closed		
6:00								
6:30								
7:00								
7:30								
8:00	7:45-10:00 Water Fitness Limited Lap Swim (1 lane available) Diving Board Closed	7:45-10:00 Water Fitness Limited Lap Swim (1 lane available) Diving Board Closed	7:45-10:00 Water Fitness Limited Lap Swim (1 lane available) Diving Board Closed	7:45-10:00 Water Fitness Limited Lap Swim (1 lane available) Diving Board Closed	7:45-10:00 Water Fitness Limited Lap Swim (1 lane available) Diving Board Closed	8:15-10:00 Water Fitness Limited Lap Swim (2 lanes available) Diving Board Closed	8:00-10:00 Adult Swim (6 lanes available) Diving Board Closed	
8:30								
9:00								
9:30								
10:00	10:00-11:30 Family Swim Diving Board Open (2 lanes available)	10:00-11:30 Family Swim Diving Board Open (2 lanes available)	10:00-11:30 Family Swim Diving Board Open (2 lanes available)	10:00-11:30 Family Swim Diving Board Open (2 lanes available)	10:00-11:30 Family Swim Diving Board Open (2 lanes available)	10:00-3:00 Family Swim Diving Board Open (2 lanes available)	10:00-3:00 Family Swim Diving Board Open (2 lanes available)	
10:30								
11:00								
11:30	11:30-2:00 Lunchtime Lap Swim (3 lanes available)	11:30-2:00 Lunchtime Lap Swim (3 lanes available)	11:30-2:00 Lunchtime Lap Swim (3 lanes available)	11:30-2:00 Lunchtime Lap Swim (3 lanes available)	11:30-2:00 Lunchtime Lap Swim (3 lanes available)			
12:00								
12:30								
1:00								
1:30								
2:00								
2:30	2:00-5:00 Lap Swim (3 lanes available) Diving Board Closed	2:00-5:00 Lap Swim (3 lanes available) Diving Board Closed	2:00-5:00 Lap Swim (3 lanes available) Diving Board Closed	2:00-5:00 Lap Swim (3 lanes available) Diving Board Closed	2:00-5:00 Lap Swim (3 lanes available) Diving Board Closed			
3:00						3:00-7:45 Open Swim (3 lanes available) Diving Board Closed	3:00-7:45 Open Swim (3 lanes available) Diving Board Closed	
3:30								
4:00								
4:30								
5:00	5:15-6:00 Water Fitness	5:30-6:15 Water Fitness	5:15-6:15 Water Fitness	5:00-7:30 Family Swim (2 lanes available)				
5:30								
6:00	6:00-7:30 Family Swim (2 lanes available)	6:15-7:30 Family Swim (2 lanes available)	6:15-7:30 Family Swim (2 lanes available)					
6:30								
7:00								
7:30						Pool Closes at 7:45	Pool Closes at 7:45	
8:00	7:30-9:45 Late Night Swim (3 lanes available)	7:30-9:45 Late Night Swim (3 lanes available)	7:30-9:45 Late Night Swim (3 lanes available)	7:30-9:45 Late Night Swim (3 lanes available)		Lifeguard Hours Monday - Friday: 5:00am-10:00pm Saturdays: 5:00am-8:00pm Sundays: 8:00am-8:00pm Starting August 16 no lifeguards from 12-4 pm Please check with the front desk on days off of school for lifeguard hours.		
8:30								
9:00								
9:30								

WEATHER POLICY: If lightning is sighted, all 3 pools and hot tub are cleared. Pools will reopen 30 minutes after the lightning has ceased. Please understand this is for your safety.

LOCKER ROOM POLICIES: Boys, 4 years and older, are not permitted in the women's locker room; and girls, 4 years and older, are not permitted in the men's locker room. Family restrooms are located in the cardio room hallway.

AGE POLICIES: Members 8 & under: Supervision is required by an adult in the water or pool side within an arm's reach. Direct supervision is permitted with the use of a lifejacket.
Members 9-15 years: May be asked to provide proof of age to swim unsupervised when lifeguards are on duty. Direct supervision is required by an adult when lifeguards are not on duty.

DEFINITIONS:

Adult Swim: As with all areas of Four Seasons I, the pool is adults only (16 yrs+) until 10:00am unless the child is in a scheduled program.

Lap Swim: Lap lanes are designated areas for members to swim back and forth in an orderly fashion. One length of the pool is 25 yards. When crowded, swimmers are expected to share lanes and swim in a circle pattern.

Open Swim: Swimmers are permitted to use open spaces for recreational swimming. Please be aware of all pool rules posted for a safe and enjoyable swimming experience.

Swim Lessons are Four Seasons programs only. We ask that members are courteous to the participants and instructors when classes are in session.

Water Aerobics is a group fitness class and requires a ticket to participate in class. Pick up a ticket at the front desk. Equipment is provided (if needed).



For pool & facility updates please visit www.4seasons-club.com

SOUTH POOL WILL BE CLOSED FOR ANNUAL MAINTENANCE AUG 14-28

SOUTH POOL

Summer 2017 Schedule

(effective August 1st, 2017)

Water Temp: 81•-83• / 114,000 gal
 (#) = Lane Availability
 Four Seasons I
 904 Four Seasons Rd
 Bloomington, IL 61701

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00							
5:30							
6:00	5:00-7:00 Adult Swim (6 lanes available)	5:00-7:00 Adult Swim (6 lanes available)	5:00-7:00 Adult Swim (6 lanes available)	5:00-7:00 Adult Swim (6 lanes available)	5:00-7:00 Adult Swim (6 lanes available)		
6:30							
7:00						5:00-10:00 Adult Swim & Lap Swim (6 lanes available)	
7:30							
8:00	7:00-5:00 Lap Swim (6 lanes available)	7:00-5:15 Lap Swim (6 lanes available)	7:00-5:00 Lap Swim (6 lanes available)	7:00-5:00 Lap Swim (6 lanes available)	7:00-5:00 Lap Swim (6 lanes available)		8:00-10:00 Adult Swim & Lap Swim (6 lanes available)
8:30							
9:00							
9:30							
10:00							
10:30							
11:00							
11:30							
12:00							
12:30							
2:00						10:00-7:45 Lap Swim (6 lanes available)	10:00-7:45 Lap Swim (6 lanes available)
2:30							
3:00							
3:30							
4:00							
4:30							
5:00							
5:30	5:15-6:00 Water Fitness (4 lanes available)	5:30-6:15 Water Fitness (4 lanes available)	5:15-6:15 Water Fitness (4 lanes available)				
6:00							
6:30							
7:00						Pool Closes at 7:45	Pool Closes at 7:45
7:30	6:00-9:45 Lap Swim (6 lanes available)	6:15-9:45 Lap Swim (6 lanes available)		5:00-9:45 Lap Swim (6 lanes available)	5:00-9:45 Lap Swim (6 lanes available)		
8:00							
8:30							
9:00			6:15-9:45 Lap Swim (6 lanes available)				
9:30							

SOUTH POOL WILL BE CLOSED FOR ANNUAL MAINTENANCE AUGUST 14-28

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Lap Swim: Lap lanes are designated areas for members to swim back and forth in an orderly fashion. One length of the pool is 25 yards. When crowded, swimmers are expected to share lanes and swim in a circle pattern.

Swim Team are Four Seasons programs only. We ask that members are courteous to the participants and instructors when practices are in session.

Water Aerobics is a group fitness class and requires a ticket to participate in class. Pick up a ticket at the front desk. Equipment is provided (if needed).

Home Meets: June 15, June 22, June 27, July 11.

South Pool closes at 4:45pm on these dates.