



Member Announcements

Instructors: Please share these announcements with your class

[SIGN UP NOW: SMALL GROUP TRAINING SESSION RUNS May 5 – June 29th](#)

[FREE PILATES REFORMER DEMO CLASSES April 25th - May 2nd](#)

[FAMILY WERQ every Sunday at FSI](#)

[PIT INFO SEMINARS GOING ON IN MAY IN THE PIT](#)

[LIFEGUARD CERTIFICATION COURSES IN MAY](#)

- Sign up at the front desk.

[SUMMER SWIM LESSONS LOTTERY OPENS MAY 9TH](#)

BE SURE TO DOWNLOAD OUR MOBILE APP AND LIKE US ON FACEBOOK TO GET LIVE AND UP TO DATE CLUB ANNOUNCEMENTS. IF YOU DON'T RECEIVE 4SEASONS EMAILS- HAVE THE FRONT DESK UPDATE YOUR INFORMATION.