



Classes - April 2014

Get in Insane Shape for Summer!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 5:15 am - Fit Test - Mindy (MPR)	8 10:20 am - Fit Test - Danielle (MPR) 5:35 pm - 30 minutes Laura (MPR)	9 5:15 am - 30 minutes David (MPR) 11:00 am—Mindy (MPR) 6:00 pm - Corey (MPR)	10 10:20 am - 30 minutes Danielle (MPR) 5:20 pm - Fit Test - Corey (MPR)	11 5:15 am - David (MPR)	12 10:30 am - Fit Test - Laura (Strong)
13	14 5:15 am - Mindy (MPR)	15 10:20 am - Danielle (MPR) 5:35 pm - Laura (MPR)	16 5:15 am - David (MPR) 11:00am— 30 minutes Mindy (MPR) 6:00pm - 30 minutes Corey (MPR)	17 10:20 am - Danielle (MPR) 5:20 pm - Corey (MPR)	18 5:15 am - 30 minutes David (MPR)	19 10:30 am - Laura (Strong)
20	21 5:15 am - Mindy (MPR)	22 10:20 am - Danielle (MPR) 5:35 pm - Laura (MPR)	23 5:15 am - David (MPR) 11:00 am—Mindy (MPR) 6:30 pm - Corey (MPR)	24 10:20 am - Danielle (MPR) 5:20 pm - Corey (MPR)	25 5:15 am - David (MPR)	26 10:30 am - Laura (Strong)
27	28 5:15 am - Mindy (MPR)	29 10:20 am - Danielle (MPR) 5:35 pm - Fit Test - Laura (MPR)	30 5:15 am - Fit Test - David (MPR) 11:00 am - Mindy (MPR) 6:30 pm - Corey (MPR)			

INSANITY Classes - May 2014

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				1 10:20 am - Danielle (MPR) 5:20 pm - Corey (MPR)	2 5:15 am - David (MPR)	3
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25	26 No Class Memorial Day!	27 10:20 am - Danielle (MPR) 5:35 pm - Laura (MPR)	28 5:15 am - David (MPR) 11:00 am—Mindy (MPR) 6:30 pm - Corey (MPR)	29 10:20 am - Fit Test - Danielle (MPR) 5:20 pm - Fit Test - Corey (MPR)	30 5:15 am - Fit Test - David (MPR)	31 10:30 am - Fit Test - Laura (Strong)