

SEMI-PRIVATE PERSONAL TRAINING



(2 Participants)
Grab your best friend, spouse/partner, co-worker or neighbor and help motivate each other through personalized instruction with a certified Personal Trainer.

2 levels of commitment offered for semi-private personal training:

Four sessions – \$116

Eight sessions – \$216

Sessions may be purchased at the Front Desk or Juice Bar.

- A great way to work towards a goal and bring your support system with you!
- Enjoy the benefits of personal training in a more affordable way.
- Each person must agree to work out at the same time and place.
- Each member will get their own personalized program through a variety of paired and solo exercises.

**For more information contact Jesse Hawkins,
Master Personal Trainer, at 309.661.8611 ext. 224**

