Appropriate Swimwear



- Swimsuits are required, but may be worn underneath commercially approved full-body swimwear.
- All clothing materials must be light enough in weight (nylon, polyester, Lycra or thin cotton) that when waterlogged will not inhibit in any way the swimmer's movements or ability to stay above the water surface.
- Clothing must not be excessively loose so that it could pose any danger of entanglement, entrapment or strangulation
- Bathing caps and other tight-fitting head apparel are permitted.

Appropriate alternative swimwear options:

- Full body swimsuits
- Burkinis

Where can I purchase appropriate alternative swimwear?

www.modestlyactive.com

www.eastessence.com/islamic-clothing/modest-swimwear www.aquamodesta.com



What is inappropriate swim attire?

Basketball shorts, other sportswear, cotton, or any other clothing that is not specified swimwear is not allowed.

Why is this considered inappropriate?

Inappropriate clothing in pools can transport airborne and ultimately water borne contaminants into the pool. Materials such as cotton can break down in the water and cause fibers to clog filters. Loose clothing can make swimming more difficult.

