

# ADULT JUNIOR LIFEGUARD COURSES

## New StarGuard Lifeguard Certification Courses:

2014 Dates - TBA

Participants must be at least 15 years old to take course and will learn water rescues, CPR, AED, and the first aid skills required to be a lifeguard. Course fee: \$140.00 (includes online course materials and textbook).

Four Seasons registration and courses are held at Four Seasons I (904 Four Seasons Rd.)

[StarGuard Curriculum](#)

## StarGuard Frequently Asked Questions

### **Q: Are StarGuard certifications valid at all aquatic facilities?**

A: SAI does not restrict acceptance of the StarGuard certification, so in theory a StarGuard-trained lifeguard may work anywhere. Additionally, StarGuard has been evaluated and accepted by health departments in states that have a review process and training requirement.

### **Q: Is there a crossover program for currently certified lifeguards?**

A: Yes. Lifeguards with current certification from a nationally recognized agency have immediate reciprocity and a 30-day grace period to attend a crossover orientation and have StarGuard skills competency and performance assessed.

### **Q: What is the length of time a StarGuard certification is valid?**

A: One year. Competency and performance must be assessed annually for renewals.

### **Q: What is the minimum age for someone who wants to take the StarGuard course?**

A: Age 16. An instructor may issue a variance into the course for a student who is 15 if the instructor has direct knowledge of the maturity of the student and believes he or she is ready for the challenges of the course. *Four Seasons Association requires students to be at least 15 years of age.*

For more questions please contact Aquatics Manager: [michelle@4seasons-club.com](mailto:michelle@4seasons-club.com)